

Effective use of technology (In Families)

6th April 2019

Objectives

Understanding Of...

- Parental traps
- What lies outside your “Windows”?
- Positives & Negatives Of Internet Use
- Taming the beast (tech not your child), to raise balanced, kind and resilient children

How is technology misused by adults

- For toddlers
 - Tech is used as a supplement to each meal
- Electronic Nanny
 - To be left at peace
 - To keep kids entertained whilst they go out
- Teenagers
 - The false idea that at least they are safe at home
 - Sent to their rooms if they are a disturbance when adults are using technology

Challenges – What is out there?

- You Tube videos, it starts with
 - Peppa Pig
 - “Humour”
 - “Anime”
 - “Game videos”
 - “Music videos”
- Table Top games
 - Magic House of gathering

Where can they ultimately lead to if you are not vigilant

... The DARK DARK side of the web

Challenges – What is out there?

- Games
 - Strategy Games
 - Fortnite
 - “RPG” (Role Playing)Games
 - ROBLOX
 - Table Top Games
 - Magic House of Gathering

Challenges – What is out there?

- “Anti” Social Media
 - Instagram
 - Bullying
 - Snap Chat
 - Black mailing

Positive Influence Of Internet

- It can bind together. Like group chats, families spread across geographies
- Easy of access and simple to use
- Interactive games are sometimes more stimulating to the brain
- eBooks are now so easy to access
- Good news like the website are so accessible
- And lots more.

Negative Influence Of Internet

- Internet gives proximity to prowlers unknowingly
- Gaming is dis-illusionary
- It leads to Internet Gaming disorder in about 5% of gamer children

Resolution

- Discussing your concerns on use of Tech
- Making them aware of misuses
- Getting them to create their own games
- Rationing access time
- Planning Leisure activities
- Motivate like minded friends to join leisure activities

Bibliography

- **Educating in the New Technologies -**
<https://opusdei.org/en-au/article/educating-in-the-new-technologies/>
- **Use or Abuse Of Technology – Rod Sofia Campbell Feb 2018**
- **Steve Biddulph's Raising Boys / Raising Girls in the 21st Century**
- **YouTube vid “ I was a winner” (M Rated)**