

## ABOUT THE PRESENTERS:

FAMILY EDUCATION AUSTRALIA (FEA), A NON-PROFIT INCORPORATED ASSOCIATION ESTABLISHED IN 1986, IS A MEMBER OF THE INTERNATIONAL FEDERATION FOR FAMILY DEVELOPMENT (IFFD), WHICH HOLDS CONSULTATIVE STATUS WITH THE ECONOMIC AND SOCIAL COUNCIL OF THE UNITED NATIONS (ECOSOC). IFFD WORKS IN 63 COUNTRIES, IN ALL FIVE CONTINENTS, HELPING PARENTS IN THEIR ROLE AS THE PRIMARY EDUCATORS OF THEIR CHILDREN.

## Register

NAMES: .....

ADDRESS: .....

PHONE: .....

POST TO:  
FAMILY CLUB  
C/ 6 MARIMBA CRESCENT  
CITY BEACH WA 6015

## Learn How To:

- ❁ HELP YOUR CHILDREN FORM GOOD BEHAVIOURAL, EMOTIONAL, AND INTELLECTUAL HABITS WHILE THEY ARE AT THEIR MOST RECEPTIVE STAGE OF DEVELOPMENT.
- ❁ IDENTIFY YOUR CHILDREN'S TEMPERAMENT AND THE MOST EFFECTIVE WAYS TO HELP THEM MATURE INTO HAPPY, WELL FORMED YOUNG ADULTS.
- ❁ SHARE IDEAS AND EXPERIENCES WITH OTHER PARENTS.

Enrol at our website

[familyclub.com.au](http://familyclub.com.au)

Email us:

[info@familyclub.com.au](mailto:info@familyclub.com.au)

Call us:

08 6102 7788



FIRST STEPS

**Parenting Skills Course**  
For parents with children 0-5 years





## *“Essential course for couples”*

*“I highly recommend this course to anybody who is serious about leading a happy home”.*

*Adrian Clarke* – State Manager

## *“Loved it!”*

*“My husband and I couldn’t work out why our parenting methods weren’t working with our youngest son, when we have had no problems with our other two... now we know! Top course!”*

*Jenny Smith* – Accountant



*Dealing with tantrums*



## FIRST STEPS COURSE

This is a course designed for parents with children aged 0 to 5 years.

Each session consists of:

**INTRODUCTION.** Parents as primary educators of their children.

**CASE STUDY.** Participants review real life situations as a means of learning how to identify issues objectively, set attainable goals and solve problems.

**SMALL GROUPS DISCUSSIONS.** These help participants develop solutions to typical family situations and challenges in an informal setting where they learn from each other, forming new friendships.

**INFORMATIVE PRESENTATIONS.** Participants are provided with information and guidelines to apply to their personal situations.

## TOPICS INCLUDE:

- \* DISCIPLINE & AUTHORITY
- \* EFFECTIVE COMMUNICATION
- \* ENRICHING FAMILY ENVIRONMENT

## FIRST STEPS - IN PERTH!

In Perth, the First Steps courses are run over a weekend. They start on a Saturday morning and run through to early Sunday afternoon. (Actual details of Dates & Times will be attached in a separate leaflet).

First Steps courses have been conducted by FEA in all Australian capital cities since 1986.

**LIMITED SPACES AVAILABLE!**

In order not to miss out, please register now at the Family Club website, by calling us or by filling out and sending the Registration of Interest section.



**FIRST STEPS**

*Don't miss out!*